

## VISIT

The aim of VISIT Sefton and West Lancashire is to show you that there are lots of options for travelling around our area via sustainable means such as cycling, walking and by public transport. We also provide great ideas for leisure rides and days out to suit everybody.



Why not check out the website [visitseftonandwestlancs.co.uk](http://visitseftonandwestlancs.co.uk)

## CYCLE ROUTES

This route is one of a series of themed routes in Sefton and West Lancashire. They are suitable for families and the less experienced cyclists and include many of the area's landmarks.

All routes are signed and have accompanying leaflets. These are available at our Cycle Hire Centre in Southport or via the website.



## CYCLE HIRE

If you are visiting Sefton and West Lancs and you don't have your bike, you can still enjoy our range of themed routes by hiring a bike at our cycle hire centre. A wide range of bikes are available for all the family.

For further information or to pre-book, please contact the cycle hire centre direct or see the website.

01704 500996 / 07831 562 422  
[info@southportcyclehire.info](mailto:info@southportcyclehire.info)

[visitseftonandwestlancs.co.uk/cyclehire](http://visitseftonandwestlancs.co.uk/cyclehire)  
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active travel



## ROUTE DIRECTIONS (all routes will be signed)

### ROUTE - FULL 1 Starting point: Crosby Lakeside Adventure Centre



1 From Crosby Lakeside Adventure Centre, proceed inland with the coast behind you heading towards Marine Terrace and the Royal Hotel. At the junction of Marine Terrace and Great George's Road, continue onto Great George's Road. As you approach the junction with Crosby Road North, join the footway at the war memorial. Using the controlled crossing, cross Crosby Road North, turning left after the crossing, then turn right onto Bramhall Road. At the junction with Park Road, turn right.

2 At the entrance to Rimrose Valley, pass through the barrier and enter the country park. Continue along the paved surface and then turn left (northwards) onto the main Valley path and continue for approximately 1.8 miles, before taking the left hand fork towards the housing estate. Continue along the track, keeping the houses on your right until you reach Edge Lane.

3 At Edge Lane, turn left onto the shared use path. Continue along the shared use path until it merges onto Edge Lane. Take care joining the traffic flow. Continue along Edge Lane to the signal controlled junction at Moor Lane. Using the controlled crossing, cross the junction into Virgin's Lane. Continue straight on Virgin's Lane before bearing right onto Back Lane. Follow Back Lane, passing Crosby Hall on your left, before reaching the junction with Moss Lane, where you will see St Mary's Catholic Church.

At this point you have the option to continue on the main Fox Route (turning right) or to take the shorter Fox Route Crosby section (turning left). To follow the main Fox Route, proceed from point 4 below. To take the shorter route, refer to the Crosby section provided later in this leaflet.

4 Turn right onto Moss Lane and continue for approximately 1.3 miles, then turn left onto Gorsey Lane. Continue on Gorsey Lane for approximately 0.8 miles and turn right onto the off road track, Sandy Lane. Continue along Sandy Lane, which will change to a surfaced lane, passing by football and cricket pitches into Hightown. Continue onto Alt Road and the junction with Kerslake Way.

5 Turn left onto Kerslake Way, up the hill and over the railway. **Hightown station can be used as the start and finish point for a shorter route described in the Fox Route Hightown section provided later in this leaflet.** From the bridge, descend to the roundabout and take the first exit onto Lower Alt Road. Follow the road until reaching the junction opposite the Hightown Hotel. Turn right onto Alt Road, then turn left onto School Road. Continue straight joining Blundell Road until reaching the end of the road and the barrier.



6 Pass through the barrier entering Crosby Coastal Park and continue on the off road section through the sand dunes. Crest the rise and enjoy views of Burbo Bank, Port of Liverpool Docks, Wirral and further afield to the Welsh Hills. Continue along the shared use path until reaching the HM Coastguard Station.

7 Pass through the barrier and carefully cycle through the car park, exiting onto the promenade. Care needs to be taken here, as this section is particularly busy with pedestrians, dogs and other cyclists. Continue along the promenade to Crosby Leisure Centre. Towards the leisure centre, blown sand can be found on the promenade, which can affect control of your bike.

8 At Crosby Leisure Centre, you can choose to continue along the Promenade or take an alternative, inland route. The pink line on the map indicates an alternative route back to Crosby Lakeside if the Promenade is impassable due to windblown sand (see below for this option)

9 Continue southwards along the promenade, taking care when encountering blown sand, which can affect steering and control of your bike. You will enjoy excellent views of Antony Gormley's Another Place statues (the Iron Men) on the beach. Keep the Marine Lake on your left and follow the path past the lake and through the car park. Turn left onto the road and return to Crosby Lakeside Adventure Centre.

### ALTERNATIVE INLAND ROUTE FROM CROSBY LEISURE CENTRE

8 Starting point: Crosby Leisure Centre



8 Exit from the promenade at Crosby Leisure Centre, keeping the leisure centre on your left. (Care should be taken due to sand coverage and it may be safer to walk). Follow the route around the edge of the car park towards the rear of the Leisure Centre and exit the car park to the right at the corner of Endsleigh Road.

8a Turn right into Endsleigh Road, continue into Westward View, take care at the unmarked junction, particularly for vehicles turning right from Holden Road. Continue to the end of Westward View and the junction with Leopold Road. At the junction, continue onto the shared use path, passing through the parkland with the Sefton Coast and sand dunes on your right. At the fork in the path, take the left hand route, heading inland to the staggered barrier next to the walled garden. Pass through the barrier onto Harbord Road and turn right at the end of the wall, passing through the bollards, onto Beach Lawn.

8b Continue along Beach Lawn and then onto Adelaide Terrace, merging into Marine Crescent and Marine Terrace, passing by the decorative walled gardens to your right and the 19th Century Grade II listed stuccoed terraced houses on your left. At the end of Marine Terrace and the left hand bend into Great George's Road, turn right, taking care of the blind bend and join the shared use path towards Crosby Lakeside Adventure Centre. Take care crossing the access road and finish your route at the entrance to the Adventure Centre.

# Fox Route

includes 2 shorter options

THEMED  
CYCLE  
ROUTES



- Moderate
- Mostly off road
- Distance 11.5 miles
- Time 95-115 mins





## KEY

- Fox Route
- Alternative route (if sand is blocking the main path)
- Railway stations
- Parking
- Antony Gormleys Another Place
- Beach
- Refreshments



## ROUTE DIRECTIONS (all routes will be signed)

### FOX ROUTE CROSBY SECTION (8.5 MILES)

Follow the main Fox Route directions as far as point 4, the Moss Lane junction in Little Crosby. At the Moss Lane junction, turn left entering the historic village of Little Crosby. The settlement dates back to the 17th century and various historic buildings and a way marker cross can be found by following a short detour down Little Crosby Road for approximately half a mile past the turning with Dobb Lane and Delph Road. To stay on the Fox Route, at the junction with Dobb Lane and Delph Road, continue straight onto Dobb Lane.

At the end of Dobb Lane, continue straight on along Hall Road East, past Hall Road station and onto Hall Road West. Continue as far as the HM Coastguard Station and re-join the main Fox Route at point 7. Turn left (southwards) and follow the main route along the Promenade back to Crosby Lakeside Adventure Centre.



### FOX ROUTE HIGHTOWN SECTION (6 MILES)

From Hightown station, join the Fox Route at point 5 and follow the main route as far as point 7, the HM Coastguard Station.

Turn left and exit the car park, with the Coastguard Station on your left. Continue along Hall Road West, past the station and onto Hall Road East. At the sharp right hand bend, keep straight onto Dobb Lane.

Continue along Dobb Lane and onto Moss Lane, reaching point 4 on the main Fox Route. At the junction of Dobb Lane and Little Crosby Road, you can take a short detour down Little Crosby Road into the village. The settlement dates back to the 17th century and various historic buildings and a way marker cross can be found by following Little Crosby Road for approximately half a mile past the turning with Dobb Lane.

From the junction at Moss Lane (point 4 on the main Fox Route), turn left and follow the main route back to Hightown (point 5 on the main Fox Route).