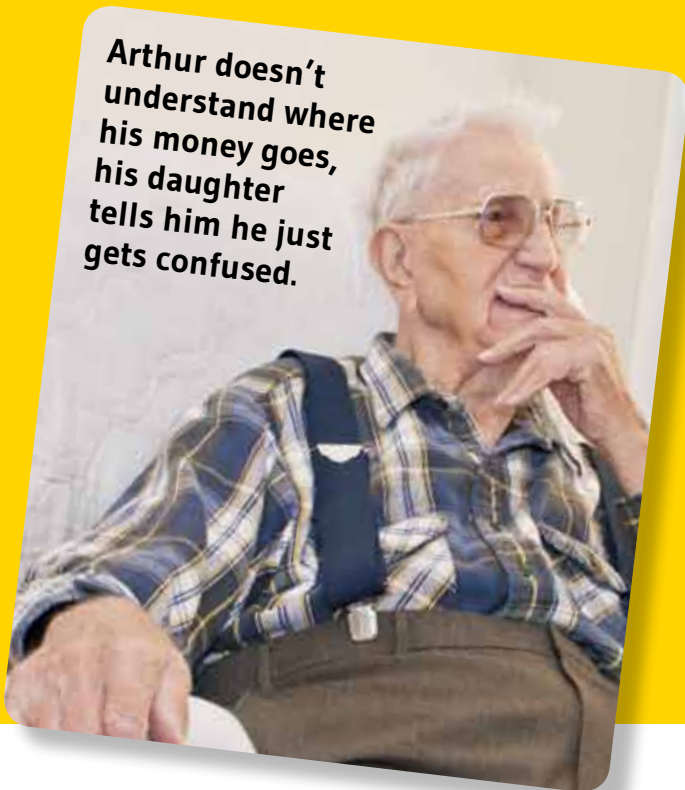




Lucy's Mum and Dad think she can't hear the fights and shouting. She can.



James thought he could stop the abuse by keeping quiet about it, but he soon learnt that nothing would ever be enough for her.



Arthur doesn't understand where his money goes, his daughter tells him he just gets confused.



Jane worries about what Pete will make her do when she goes to bed tonight.

# Domestic Abuse can affect anyone!

Domestic abuse can be physical, emotional, sexual or financial, committed by an intimate partner or family member.

**In an emergency call 999**

For more information and support services go to:  
[www.sefton.gov.uk/behindcloseddoors](http://www.sefton.gov.uk/behindcloseddoors)

24 Hour National Domestic Violence Helpline  
**Freephone 0808 2000 247**



**Don't give Domestic Abuse a home**

# Support Services

## Sefton IDVA Team

### Our Independent Domestic Violence Advisors (IDVAs) can:

- offer free crisis intervention support to high risk victims of domestic abuse.
- provide practical help including safety planning for the whole family, support through the Criminal Justice System, and home security checks.
- work with male and female victims aged 16+
- work with victims even if they chose to remain in their relationship.
- Our team is available:  
Monday to Friday 9.00am – 5.00pm

### You can contact us by:

**Phone: 0151 934 5142**

**Email: [IDVA.Team@sefton.gov.uk](mailto:IDVA.Team@sefton.gov.uk)**

**Website: [www.sefton.gov.uk](http://www.sefton.gov.uk)**

## Sefton Women's and Children's Aid (SWACA)

- We help women, young people and children survive the impact of domestic violence and abuse by giving free practical and emotional support.
- Services are offered regardless of age, disability, sexuality, race or religion.
- Support can be given by phone, in person, in school, in the workplace, in Children's Centres or in our Centre.
- Our team is available:  
Monday, Tuesday & Thursday 9.30am – 5.00pm  
Wednesday 9.30am – 7.00pm  
Friday 9.30am – 3.00pm

### You can contact us by:

**Email: [help@swaca.com](mailto:help@swaca.com)**

**Phone: 0151 922 8606**

**Website: [www.swaca.com](http://www.swaca.com)**

**Text helpline: 07779 745594**

## Venus

**We work with women, families, children and young people and homeless adults in Sefton.**

### We can provide help on:

- family and home management
- supported accommodation
- financial resilience
- counselling and emotional support
- support for young people in care and care leavers
- life skills training for women and children
- IDVA support

### You can contact us by:

**Phone: 0151 474 4744**

**Email: [hello@venuscharity.org](mailto:hello@venuscharity.org)**

**Website: [www.venuscharity.org](http://www.venuscharity.org)**

## Rape and Sexual Abuse Centre (RASA) Merseyside

### We can provide:

- essential crisis and therapeutic support to individuals of all ages who have been affected by sexual violence at any time in their lives.
- specialised counselling, support and an Independent Sexual Violence Advocacy (ISVA) service, which includes support through the Criminal Justice process.
- the opportunity to give anonymous intelligence in relation to sexual violence if an individual does not want to make a formal complaint.
- Helpline support is available:  
Tuesdays & Thursdays 6.00pm – 8.00pm  
Friday 12.00noon – 2.00pm  
Sunday 1.00pm – 3.00pm

### You can contact us by:

**Phone: 0151 558 1801**

**Email: [sefton@rasamerseyside.org](mailto:sefton@rasamerseyside.org)**

### > Broken Rainbow UK

Support for LGBT victims of domestic abuse

**Freephone 0800 999 5428**

**[www.brokenrainbow.org.uk](http://www.brokenrainbow.org.uk)**

### > The Hideout

An online resource for children and young people living with domestic violence

**[www.thehideout.org.uk](http://www.thehideout.org.uk)**

### > SAFE Place Merseyside

Is a sexual assault referral centre

**0151 295 3550**

**[www.safeplacemerseyside.org.uk](http://www.safeplacemerseyside.org.uk)**

### > Mankind Initiative

Helping men escape from domestic abuse

**01823 334 244**

**<http://new.mankind.org.uk>**