

# Sefton Family Hubs

## Netherton Family Hub

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Morning**

9am - 5pm  
Family Advice & Guidance

Healing Together 1-1  
Targeted Group

10:30am - 11:30am  
Baby Massage  
Targeted Group

9am - 5pm  
Family Advice & Guidance

Healing Together 1-1  
Targeted Group

9:30am - 11am  
Youth Connect 5  
Targeted Group

10am - 11:30am  
Sefton Carers  
Drop-in

9am - 5pm  
Family Advice &  
Guidance

Healing Together 1-1  
Targeted Group

10am - 12pm  
SWACA Drop-in

9am - 5pm  
Family Advice & Guidance

Healing Together 1-1  
Targeted Group

9:30am - 11am  
Tea and Toast  
Drop-in

10am - 12pm  
Little Chefs  
Targeted Group

9am - 5pm  
Family Advice &  
Guidance

Healing Together 1-1  
Targeted Group

10am - 1pm  
Households into Work  
Fortnightly Drop-in

**Afternoon**

3:30pm - 5pm  
Art Attack  
Ages 8 - 11  
Drop-in

12pm - 4pm  
Sefton Carers 1-1  
Appointment Only

1pm - 2:30pm  
Youth Connect 5 (Transitions)  
Targeted Group

1pm-4pm  
Baby Weigh-in Clinic  
Appointment only  
Booking Required

1:30pm - 3pm  
Baby Explorers  
Drop-in

1pm - 2:30pm  
Chatter Time  
Targeted Group

1pm - 3pm  
DWP Drop-in

5pm - 8pm  
Parent Carer Forum  
Online Twilight Session

Virtual Offer  
Information, Advice  
and Guidance

Breastfeeding support

Parent Carer Panel

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